



Inter-Parliamentary Union  
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## IPU Empowerment Series

### ***Online training workshop for young MPs on leadership and communication***

#### **Concept note**

#### **Context and rationale**

The promotion of youth empowerment is a core objective of the Inter-Parliamentary Union (IPU). In line with this objective, the IPU brings together young MPs from around the world in dedicated youth-led platforms to build capacities, to exchange good practices in policymaking for youth empowerment, to coordinate action and to develop networks. A key priority area of the IPU's action for youth empowerment is to support greater youth representation in parliament, and to empower the young men and women MPs who are already in office.

The IPU Empowerment Series for young MPs started in 2022 with briefings on priority policy areas for youth empowerment, including gender equality, youth human rights, climate negotiations, and youth, peace and security. To date, approximately 300 participants have attended these briefings, including 186 young men and women MPs. Feedback from the evaluations has been extremely positive, with average scores of 4.3 out of 5 for the relevance of the briefings to the current work and function of MPs, and 4.2 out of 5 for the usefulness of the briefings. In 2024, the IPU will hold further briefings on policy areas for youth empowerment.

#### **Objectives**

As part of the Empowerment Series, the IPU is organizing a special online training workshop that will aim to build the leadership and communication skills of a group of young MPs on policymaking for youth empowerment.

#### **Methodology**

Two workshops will be held virtually via Zoom: the first in English and the second in French. Each three-hour workshop will be delivered in a single day and will consist of two parts: a 90-minute session on leadership and another 90-minute session on communication.

The training workshops will offer:

- **Learner-centred content:** The programme will be adapted to the needs, roles and responsibilities of young MPs, and will include exercises, presentations and additional reading resources useful to their work in parliament.
- **Engaging content:** Instructional methods and techniques such as brainstorming, group work, presentations and discussions will provide an engaging and motivating learning experience.
- **Interactive content:** Frequent learner interaction will sustain attention and promote learning. Scenario-based exercises will be based on real-life situations, leading to learning that can easily be applied in practice.

## Timeline

- English workshop: 28 November 2023, 14:00–17:00 CET
- French workshop: 29 November 2023, 14:00–17:00 CET

## Participation

The workshops are open exclusively to MPs under age 45. Parliaments are invited to nominate one young MP to take part in either the English workshop on 28 November or the French workshop on 29 November.

The number of participants will be limited to a maximum of 30 young MPs per workshop, with places allocated on a first-come, first-served basis. If a large number of registrations is received, another set of workshops will be held in 2024.

## Proposed programme

Leadership session:

- Leadership discovery
- Leadership styles
- Advocacy vs inquiry

Communication session:

- Social media communication
- Strategizing for communication
- Communicating with authenticity